WHAT IS CLAIMED IS

- 1. A polypropylene resin which has a M_w/M_n of less than 5, a melt flow rate of less than 7 g/10 min, a 1% secant flexural modulus of greater than 300,000 psi and less than 2% by weight xylene solubles.
- 2. The polypropylene resin of claim 1 wherein the polypropylene resin has a haze of less than 30%.
 - 3. The polypropylene resin of claims 1 or 2 wherein the polypropylene resin has a crystallinity of at least 70%.

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- 4. The polypropylene resin of claim 3 wherein the polypropylene resin has an isotactic pentad/triad ratio of greater than 95%.
- 5. The polypropylene resin of claim 4 wherein the polypropylene has a crystallization temperature of greater than 130°C.
- 6. A polypropylene resin composition, comprising: a polypropylene having a M_w/M_n of less than 5.5, a melt flow rate of less than 5 g/10 min, a 1% secant flexural modulus of greater than 300,000 psi, less than 1% xylene solubles, a haze of less than 25%, a crystallinity of at least 70%, an isotactic pentad/triad ratio of greater than 95%, and a crystallization temperature of greater than 133°C, wherein the polypropylene contains 750 ppm to 1500 ppm of a nucleator/clarifier additive.
 - 7. The polypropylene resin composition of Claim 6,

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wherein the polypropylene comprises a homopolymer polypropylene and the composition further comprises less than 40% by weight of the total composition of an ethylene/1-octene copolymer having a density of from 0.865 to 0.91 g/ml.

- 8. A polypropylene resin characterized by the following relationship:
- 10 $FM/((XS-0.74%E)*MWD) \ge 30,000 p.s.i.;$ $XS \le 2 wt% + %E; and$ MWD < 6;

wherein: FM is the 1% secant flexural modulus; %E is the weight percent of units derived from

15 ethylene in the polypropylene;

XS is the weight percent of the xylene soluble content of the resin; and

MWD is defined as Mw/Mn.

- 9. The polypropylene of Claim 8, wherein the polypropylene comprises a homopolymer having a MWD of less than 5.5.
- 10. The polypropylene of Claim 9, which exhibits a haze value of less than 30%.
- 11. The polypropylene of Claim 9 having a pentad isotacticity of at least 98%, a pentad to triad ratio of at least 98%, a crystallinity of at least 73%, and a crystallization temperature greater than 130°C.
 - 12. The polypropylene of Claim 8, wherein the polypropylene comprises a copolymer having a %E of 2% or less.

- 13. The polypropylene of Claim 12 having a pentad isotacticity of at least 93% and a crystallinity of at least 55%.
- 5 14. The polypropylene of Claim 13, wherein the polypropylene exhibits a melting point temperature less than the melting point temperature of a conventional Ziegler-Natta catalyzed polypropylene having equivalent crystallinity.

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- 15. The polypropylene of Claim 12 having a pentad isotacticity of at least 94% and a crystallinity of at least 60%.
- 15 16. A polyolefin composition, comprising:
 - (a) a polypropylene resin characterized by the following relationship:
- 20 $FM/((XS-0.74%E)*MWD) \ge 30,000 \text{ p.s.i.};$ $XS \le 2 \text{ wt% } + \%E; \text{ and}$ MWD < 6;

wherein: FM is the 1% secant flexural modulus;
%E is the weight percent of units derived from
ethylene in the polypropylene;

XS is the weight percent of the xylene soluble content of the resin; and

MWD is defined as Mw/Mn; and

(b) less than 40% by weight of an impact modifier.

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17. The polyolefin composition of Claim 16, wherein the polypropylene resin comprises a homopolymer polypropylene and wherein the composition exhibits 1% secant flexural modulus of at least 220,000 p.s.i., a ductile to brittle transition temperature of less than 0°C,

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and haze value of less than 25%.

- 18. The polyolefin composition of Claim 17, wherein the composition exhibits a 1% secant flexural modulus of at least 240,000 p.s.i.
 - 19. The polyolefin composition of Claim 16, wherein the polypropylene resin comprises a propylene-based copolymer having less than 3 % by weight of units derived from ethylene and wherein the composition exhibits 1% secant flexural modulus of at least 170,000 p.s.i. and haze values of less than 25%.
- 20. The polyolefin composition of Claim 19, wherein the polypropylene resin has less than 1% by weight units derived from ethylene and wherein the composition exhibits 1% secant flexural modulus of at least 180,00 p.s.i.